

## Lesson 4 - Surat al Muzzammil (The Wrapped Up)

### SURAT AL MUZZAMMIL – VERSES 7-9

(7) إِنَّ لَكَ فِي النَّهَارِ سَبْحًا طَوِيلًا

*for indeed during the day you have drawn-out engagements.*

(8) وَاذْكُرِ اسْمَ رَبِّكَ وَتَبَتَّلْ إِلَيْهِ تَبْتِيلًا

*so celebrate the name of your Lord and dedicate yourself to Him with total dedication*

(9) رَبُّ الْمَشْرِقِ وَالْمَغْرِبِ لَا إِلَهَ إِلَّا هُوَ فَاتَّخِذْهُ وَكِيلًا

*Lord of the east and the west, there is no God except Him, so take Him for your trustee,*

### LEARNING OBJECTIVES



To reflect on

1. Why is it difficult to have a secret conversation with Allah (swt) during the day?
2. How do I totally dedicate myself to Allah (swt)
3. Why should I rely on Allah (swt) for all my affairs?

### TAFSIR

#### **Verse 7**

This verse talks about the reason why in the night time one's mind is better to receive the divine feeling and to address Allah (swt) directly. Therefore this verse reflects that during the day one is occupied at all times. Sometimes it is guiding people, finding solutions to the lives of individuals and the society and one is not able to find enough opportunities to devote to worshipping Allah (swt).

One may strengthen their soul by nightly prayers. The word سَبَّحًا means movement and it is also applied to swimming. The human society is compared to a boundless ocean in which many people are drowning. The waves move toward different directions in the agitated ocean and the wooden barks find a safe haven. The Holy Prophet Muhammad (pbuh) is the only rescue guard and the Holy Qur'an is the only rescue boat in the ocean. Such a great swimmer is supposed to prepare himself for an enormous mission that lies in imparting the Divine Call during the day.

### **Verse 8**

In this verse Allah (swt) is asking us to dedicate ourselves to Him. It is not enough to just remember Allah (swt) by His name, rather verbal remembrance is an introduction to the remembrance of the heart, purifying the soul, nurturing the tree of innate knowledge and fear of Allah (swt) in the heart. The word تَبَيَّنَ in this verse means to cut away one's self and get private relationship with Allah (swt). It is for this reason that Lady Fatima (sa) is called 'Batool'. This was because she used to turn to Allah (swt) in prayers, disconnecting herself from everything in the world or because she dedicated her whole life exclusively to Allah (swt). The term رَبِّكَ indicates that whenever one utters Allah (swt) sacred name, one is supposed to pay attention to the unlimited bounties and development of the human soul.

### **Verse 9**

In this verse Allah is asking to put our trust in Him. It is important to note that there are stages of remembering Allah (swt) which are mentioned in these three verses. These are remembering Allah (swt), devoting ourselves to Allah (swt) and putting trust in Allah (swt) who is the lord of the east and the west. The world of existence is totally submissive to His Sovereignty and Lordship. Human beings rely on Him because he is the disposer of all the affairs and He is the only God to be worshipped.

### **RELEVANT VERSES**

Surat al Ahzab (33) - Verse 41, "O you who have faith! Remember Allah with frequent remembrance, and glorify Him morning and evening" – This verse is asking the believers to remember Allah (swt) at all times and to worship Him morning and evening.

Surat al Najm (53) – Verse 29, “So avoid those who turn away from Our remembrance and desire nothing but the life of the world”. There is a clear instruction in this verse and that is to avoid those who turn away from the remembrance of Allah (swt).

### **RELEVANT AHADITH**

Imam Ali (as) has said, “The most deserving to be remembered by you is the one who does not forget you”.

Imam Ali (as) has said, “Remembering [Allah] comforts the soul, illuminates the heart and brings down the mercy [of Allah]”.

Ghurur Al-Hikam Wa Durar Al-Kalim, Exalted Aphorisms And Pearls Of Speech (Remembrance [of Allah] and the Reminder.

### **IMPORTANT LESSONS**

1. Allah (swt) is acknowledging that we may be busy during the day with important activities and obligations. Therefore, in the previous verse, Allah (swt) emphasises on praying at night as it impacts the purity of the soul.
2. It is important to remember Allah (swt) all the time. We have to be mindful that He is watching us and He is the one who controls all the affairs. We can be mindful by doing dhikr, devoting ourselves to Allah (swt) and having our trust in Allah (swt).

### **STORY**

The Noble Prophet (pbuh) had started out for a battle and on the way ordered his army to halt. In order to relieve himself, he distanced himself from his forces and headed towards a secluded location. In the meantime, it began to rain and it rained so hard that water began to flood as a result of which, the Noble Prophet (pbuh) was cut off from his army.

Having witnessed the change in weather, he (pbuh) sat beneath a tree when Huwairith Ibn al-Harith happened to see him. Speaking to his companions, he said: “This man is Muhammad and he has become isolated from his forces. May Allah kill me if I do not kill him!”

He unsheathed his sword and rushed at him (pbuh) saying: “Who is it that can deliver you from me?” The Noble Prophet (pbuh) said: “Allah” and then prayed softly: “O’ Lord! Deliver me from the evils of Huwairith in any manner as you please.”

Just as Huwairith was about to inflict his blow an angel struck him on his shoulder as a result of which he collapsed onto the ground and the sword fell from his grasp. The Noble Prophet (pbuh) picked it up and said to him: “Who is it that can save you from me?” He said: “No one.” The Noble Prophet (pbuh) advised: “Accept Islam and I shall hand your sword back to you!” He said: “I shall not accept Islam but I shall pledge that neither shall I fight you and your followers, nor help anyone against you.”

The Noble Prophet (pbuh) returned his sword to him whereupon, Huwairith said: “I swear that you are better than me”.

*Anecdotes of Reflection Part 3 ( Dhikr (Remembrance Of Allah))*

### **PRACTICAL IMPLEMENTATIONS**

1. You had a very busy day because you went to school, you helped your mom cleaning the house and you were so tired that you did not have a chance to speak to Allah (swt). When is the best time you can please Allah (swt) by speaking to Him?
2. Your friend is doing dhikr by reciting tasbih and she gets distracted and starts speaking to you. How will you explain to her that glorification of Allah (swt) requires total dedication for it to affect your soul?

### **ACTIVITY**

Brainstorm some ideas on

1. How can one practically remember Allah (swt) all the time?
2. What current distractions do we have at the moment in our lives?
3. How do we block these distractions that come between me and my Lord?
4. What qualities of Allah (swt) make me trust all of my affairs to him?

